# SBCCD Police News



July 23, 2015 Volume 1. Issue 42

## The Dangers of "study drugs" to College Students

### Campus Alerts

**CHC - NONE** 

**SBVC - NONE** 

#### **SBVC Campus Resources**

Campus Police

 Located in Campus Center
 Non-Emergency Phone Number (909) 384-4491 Located in Campus Center RM 100

#### Student Health Services NW Comer of parking Lot #8

behind Footlabll Field Appointments & Questions (909) 384-4495

> Click the link below for more Campus Resources www.valleycollege.edu

IN CASE OF EMERGENCY DIAL 911

#### **CHC Campus Resources**

Campus Police
Located in LADM RM 153 Located in LADM HM 153 Non-Emergency Phone Number (909) 389-3275

#### Health & Wellness Center

SSB RM 101 Appointments & Questions

(909) 389-3272 Click the link below for more Campus Resources www.valleycollege.edu

IN CASE OF EMERGENCY DIAL 911

SBCCD Police Dispatch is available Monday-Friday from 7:00 am-10:00 pm. After 10:00 pm and on weekends, our phones are transferred to the San Bernardino County Sheriff's Department who dispatch SBCCD Officers to calls.

For daily incidents reports and other crime information, go to the Police Web site: http://sbccd.org/police

#### MISSON STATEMENT

The SBCCD Police Department, in concert with the Board of Trustees, is committed to providing a safe and secure learning and working environment for all students and employees. This will be accomplished through a cooperative and coordinated effort involving all departments and the SBCCD employees, law enforcement agencies and community.

 ${\mathsf T}$ t is no secret how college life can be stressful. Collegiates need to balance and fit their time attending club meetings, training and competing at sports tournaments while at the same time ensuring that their grades do no suffer amidst these activities. But what would you do when it's late in the day, and there is an important examination the following morning and have not even started going through your notes? Several college students have found a risky solution: study drugs.

Study drugs or so-called "smart drugs" are prescription stimulants that are used to increase mental focus and productivity for the inappropriate purpose of studying. These drugs are commonly prescribed to treat Attention Deficit Disorder (ADD) and Attention Deficit Hyperactivity Disorder (ADHD), but are now being misused to



#### Risk vs. Rewards

Although study drugs may help improve focus and motivation to study, the short-term benefits of these drugs come with risks as well. Taking prescription stimulants (such as Adderall or Ritalin) are more likely to cause restlessness and euphoria. Those who use these drugs on occasion to study

get a short-term boost of energy to go through the night and achieve focus while studying.



are more likely to crash once its effects have worn off. The crash causes exhaustion and depression. It also has short-term risks of increased blood pressure, increased heart rate, nervousness and insomnia. Adderall in particular can cause hallucinations, impulsive behavior, paranoia and irritability. Because of its high potential for dependency and addiction, prescription stimulants are

known to cause adverse side effects which can lead to more serious health conditions, and worse, death.

Apart from all these physiological and psychological effects, misusing prescription drugs, with or without prescription, is illegal. You may face serious legal consequences such as fines, jail time and suspension from school.

## CHC

| Case #  | Reported | Criminal Offense/<br>Calls for Service | Location          | Date(s) | Time(s) | Disposition                              |
|---------|----------|--|-------------------|---------|---------|--|
| 15c-066 | 7/1/15   | Medical Aid                            | LADM              | 7/1/15  | 12:23pm | Transport Refused /<br>Report Taken      |
|         | 7/2/15   | No Incidents to Report                 |                   | 7/2/15  |         |  |
|         | 7/3/15   | No Incidents to Report                 |                   | 7/3/15  |         |  |
|         | 7/4/15   | No Incidents to Report                 |                   | 7/4/15  |         |  |
|         | 7/5/15   | No Incidents to Report                 |                   | 7/5/15  |         |  |
|         | 7/6/15   | No Incidents to Report                 |                   | 7/6/15  |         |  |
|         | 7/7/15   | No Incidents to Report                 |                   | 7/7/15  |         |  |
|         | 7/8/15   | Pedestrian Check                       | LADM Quad         | 7/8/15  | 1:41pm  | No Crime Committed                       |
| 15c-067 | 7/9/15   | Trespassing                            | Campus Drive      | 7/9/15  | 5:47pm  | Citation Issued                          |
|         | 7/10/15  | No Incidents to Report                 |                   | 7/10/15 |         |  |
|         | 7/11/15  | No Incidents to Report                 |                   | 7/11/15 |         |  |
| 15c-068 | 7/12/15  | Medical Aid                            | Aquatics Center   | 7/12/15 | 2:25pm  | Subject<br>Transported / Report<br>Taken |
|         | 7/12/15  | Pedestrian Check                       | LADM              | 7/12/15 | 4:00pm  | Trespassing Advisal                      |
|         | 7/13/15  | No Incidents to Report                 |                   | 7/13/15 |         |  |
|         | 7/14/15  | Smoking on Campus                      | OE1 Bldg.         | 7/14/15 | 7:36am  | Gone on Arrival                          |
|         | 7/15/15  | No Incidents to Report                 |                   | 7/15/15 |         |  |
|         | 7/16/15  | No Incidents to Report                 |                   | 7/16/15 |         |  |
|         | 7/17/15  | No Incidents to Report                 |                   | 7/17/15 |         |  |
|         | 7/18/15  | No Incidents to Report                 |                   | 7/18/15 |         |  |
|         | 7/19/15  | No Incidents to Report                 |                   | 7/19/15 |         |  |
| 15c-069 | 7/20/15  | Traffic Stop / Proof of Insurance      | Sand Canyon Rd.   | 7/20/15 | 5:36pm  | Citation Issued                          |
| 15c-070 | 7/20/15  | Traffic Stop / Stopping Requirements   | Campus Drive      | 7/20/15 | 5:51pm  | Citation Issued                          |
| 15c-071 | 7/20/15  | Vehicle Check / Expired Registration   | Campus Drive      | 7/20/15 | 6:36pm  | Citation Issued                          |
| 15c-072 | 7/20/15  | Vehicle Check / Expired Registration   | Parking Lot D     | 7/20/15 | 6:52pm  | Citation Issued                          |
| 15c-073 | 7/20/15  | Traffic Stop / Stopping Requirements   | Campus Drive      | 7/20/15 | 8:11pm  | Citation Issued                          |
| 15c-074 | 7/20/15  | Traffic Stop / Stopping Requirements   | Campus Drive      | 7/20/15 | 8:47pm  | Citation Issued                          |
| 15c-075 | 7/20/15  | Traffic Stop / Stopping Requirements   | Campus Drive      | 7/20/15 | 9:05pm  | Citation Issued                          |
|         | 7/20/15  | Vehicle Check                          | Campus Drive      | 7/20/15 | 11:47pm | No Crime Committed                       |
| 15c-076 | 7/21/15  | Medical Aid                            | Parking Lot D     | 7/21/15 | 11:03am | Subject Refused To<br>Be Transported     |
| 15c-077 | 7/21/15  | Vehicle Check / Abandoned Vehicle      | Construction Site | 7/21/15 | 8:15pm  | Vehicle Towed                            |

## **EDCT**

| Case # | Reported | Criminal Offense/<br>Calls for Service | Location | Date(s) Time(s) | Disposition |
|--------|----------|--|----------|-----------------|-------------|
|        | 7/1/15   | No Incidents To Report                 |          | 7/1/15          |             |
|        | 7/2/15   | No Incidents To Report                 |          | 7/2/15          |             |
|        | 7/3/15   | No Incidents To Report                 |          | 7/3/15          |             |
|        | 7/4/15   | No Incidents To Report                 |          | 7/4/15          |             |
|        | 7/5/15   | No Incidents To Report                 |          | 7/5/15          |             |
|        | 7/6/15   | No Incidents To Report                 |          | 7/6/15          |             |
|        | 7/7/15   | No Incidents To Report                 |          | 7/7/15          |             |
|        | 7/8/15   | No Incidents To Report                 |          | 7/8/15          |             |
|        | 7/9/15   | No Incidents To Report                 |          | 7/9/15          |             |
|        | 7/10/15  | No Incidents To Report                 |          | 7/10/15         |             |
|        | 7/11/15  | No Incidents To Report                 |          | 7/11/15         |             |
|        | 7/12/15  | No Incidents To Report                 |          | 7/12/15         |             |
|        | 7/13/15  | No Incidents To Report                 |          | 7/13/15         |             |
|        | 7/14/15  | No Incidents To Report                 |          | 7/14/15         |             |
|        | 7/15/15  | No Incidents To Report                 |          | 7/15/15         |             |
|        | 7/16/15  | No Incidents To Report                 |          | 7/16/15         |             |
|        | 7/17/15  | No Incidents To Report                 |          | 7/17/15         |             |
|        | 7/18/15  | No Incidents To Report                 |          | 7/18/15         |             |
|        | 7/19/15  | No Incidents To Report                 |          | 7/19/15         |             |
|        | 7/20/15  | No Incidents To Report                 |          | 7/20/15         |             |
|        | 7/21/15  | No Incidents To Report                 |          | 7/21/15         |             |

## **SBVC**

| Case # | Reported | Criminal Offense/<br>Calls for Service            | Location             | Date(s) | Time(s) | Disposition  |
|--------|----------|---|----------------------|---------|---------|--|
| 15-215 | 7/1/15   | Vehicle Burglary                                  | Warehouse            | 7/1/15  | 3:50pm  | Report Taken   |
| 15-216 | 7/1/15   | Traffic Stop / Illegal U-Turn                     | Mt Vernon x Johnston | 7/1/15  | 5:54pm  | Citation Issued  |
| 15-217 | 7/1/15   | Possession of Stolen Property                     | Off Campus           | 7/1/15  | 7:53pm  | Subject Arrested   |
|        | 7/2/15   | Pedestrian Check                                  | Parking Lot #8       | 7/2/15  | 1:45am  | Trespassing Advisal                                      |
| 15-218 | 7/3/15   | Suspicious Vehicle                                | Parking Lot #9       | 7/3/15  | 11:50pm | Vehicle Towed  |
|        | 7/4/15   | No Incidents to Report                            |                      | 7/4/15  |         |  |
|        | 7/5/15   | No Incidents to Report                            |                      | 7/5/15  |         |  |
|        | 7/6/15   | Suspicious Circumstance                           | Grant Ave.           | 7/6/15  | 4:57pm  | Unable to Locate   |
| 15-219 | 7/6/15   | Traffic Stop / Broken Tail Light                  | Mt Vernon x Johnston | 7/6/15  | 6:40pm  | Citation Issued  |
| 15-220 | 7/6/15   | Pedestrian Check / Riding Bike<br>Wrong Direction | Mt Vernon            | 7/6/15  | 7:09pm  | Citation Issued  |
| 15-221 | 7/6/15   | Traffic Stop / Unlicensed Driver                  | Mt Vernon            | 7/6/15  | 10:00pm | Citation Issued /<br>Possession of Drug<br>Paraphernalia |
|        | 7/7/15   | Stolen Vehicle                                    | College Dr.          | 7/7/15  | 11:30am | Unfounded  |
| 15-222 | 7/7/15   | Traffic Stop / Cell Phone Use                     | Mt. Vernon Ave.      | 7/7/15  | 5:14pm  | Citation Issued  |
|        | 7/7/15   | Traffic Stop / Modified Exhaust                   | Mt. Vernon Ave.      | 7/7/15  | 5:30pm  | Subject Advised  |
| 15-223 | 7/7/15   | Traffic Stop / Unlicensed Driver                  | K Street             | 7/7/15  | 5:56pm  | Citation Issued / Vehicle<br>Impounded                   |
|        | 7/7/15   | Emergency Phone Hang-up                           | North Hall           | 7/7/15  | 6:50pm  | Area Checked Clear                                       |
| 15-224 | 7/7/15   | Stolen Vehicle Recovery                           | Parking Lot #1       | 7/7/15  | 7:02pm  | Vehicle Released to<br>Registered Owner                  |
| 15-225 | 7/7/15   | Medical Aid                                       | Physical Science     | 7/7/15  | 8:43pm  | Subject Transported for Treatment / Report Taken         |
| 15-226 | 7/8/15   | Traffic Stop / Obey Traffic Signs                 | Mt Vernon Ave.       | 7/8/15  | 8:39am  | Citation Issued  |
|        | 7/8/15   | Suspicious Circumstance                           | Parking Lot #2       | 7/8/15  | 10:17am | Unable to Locate   |
| 15-227 | 7/8/15   | Traffic Stop / Obey Traffic Signs                 | Mt Vernon Ave.       | 7/8/15  | 6:35pm  | Citation Issued  |
|        | 7/8/15   | Vehicle Check                                     | Parking Lot #5       | 7/8/15  | 6:50pm  | No Crime Committed                                       |
|        | 7/8/15   | Vehicle Check                                     | Parking Lot #3       | 7/8/15  | 7:08pm  | No Crime Committed                                       |
|        | 7/8/15   | Vehicle Check                                     | Parking Lot #1       | 7/8/15  | 7:14pm  | No Crime Committed                                       |
|        | 7/8/15   | Vehicle Check                                     | Esperanza St.        | 7/8/15  | 7:19pm  | No Crime Committed                                       |
| 15-228 | 7/8/15   | Traffic Stop / Possession of<br>Marijuana         | Grant Ave.           | 7/8/15  | 7:23pm  | Citation Issued  |

## **SBVC**

| Case # | Reported | Criminal Offense/<br>Calls for Service                   | Location              | Date(s) | Time(s) | Disposition         |
|--------|----------|--|-----------------------|---------|---------|---------------------|
| 15-229 | 7/9/15   | Traffic Stop / Cell Phone Use                            | Grant Ave.            | 7/9/15  | 11:03am | Citation Issued     |
| 15-230 | 7/9/15   | Vandalism  | Business Bldg.        | 7/9/15  | 4:48pm  | Report Taken        |
|        | 7/9/15   | Vehicle Check  | Esperanza St.         | 7/9/15  | 5:47pm  | No Crime Committed  |
|        | 7/10/15  | Suspicious Person  | HLS                   | 7/10/15 | 8:55am  | Trespassing Advisal |
| 15-231 | 7/10/15  | Traffic Stop /Broken Tail Light / Proof of Insurance     | Mt Vernon Ave.        | 7/10/15 | 8:03pm  | Citation Issued     |
| 15-232 | 7/10/15  | Traffic Stop / Unlicensed Driver /<br>Proof of Insurance | Mt Vernon Ave.        | 7/10/15 | 9:00pm  | Citation Issued     |
|        | 7/10/15  | Traffic Stop / Broken Tail Light                         | K Street              | 7/10/15 | 10:00pm | Subject Advised     |
|        | 7/11/15  | No Incidents to Report                                   |                       | 7/11/15 |         |                     |
|        | 7/12/15  | No Incidents to Report                                   |                       | 7/12/15 |         |                     |
|        | 7/13/15  | Suspicious Person  | Mt Vernon Ave.        | 7/13/15 | 9:52am  | Unfounded           |
| 15-233 | 7/13/15  | Student Conduct  | North Hall            | 7/13/15 | 11:15am | Report Taken        |
| 15-234 | 7/13/15  | Traffic Stop /Illegal Turn                               | Mill Street           | 7/13/15 | 4:48pm  | Citation Issued     |
|        | 7/13/15  | Vehicle Check  | Mt Vernon Ave.        | 7/13/15 | 5:05pm  | No Crime Committed  |
| 15-235 | 7/13/15  | Traffic Stop / Proof of Insurance                        | I Street              | 7/13/15 | 5:33pm  | Citation Issued     |
| 15-236 | 7/13/15  | Traffic Stop / Cell Phone Use                            | Mill Street           | 7/13/15 | 6:02pm  | Citation Issued     |
| 15-237 | 7/13/15  | Traffic Stop / Cell Phone Use                            | Esperanza St.         | 7/13/15 | 7:03pm  | Citation Issued     |
|        | 7/13/15  | Suspicious Vehicle                                       | Parking Lot #2        | 7/13/15 | 7:21pm  | No Crime Committed  |
|        | 7/13/15  | Suspicious Vehicle                                       | Esperanza St.         | 7/13/15 | 7:30pm  | No Crime Committed  |
| 15-238 | 7/13/15  | Traffic Stop / Broken Tail Light                         | Mt Vernon Ave.        | 7/13/15 | 9:56pm  | Citation Issued     |
| 15-239 | 7/14/15  | Traffic Stop / License not in Possession                 | K Street              | 7/14/15 | 5:54pm  | Citation Issued     |
| 15-240 | 7/14/15  | Traffic Stop / Proof of Insurance                        | Mill Street           | 7/14/15 | 6:04pm  | Citation Issued     |
| 15-241 | 7/14/15  | Possession of Drug Paraphernalia                         | Mt Vernon Ave.        | 7/14/15 | 6:24pm  | Subject Arrested    |
|        | 7/15/15  | Suspicious Person  | Transportation Center | 7/15/15 | 5:33am  | Unable to Locate    |
|        | 7/15/15  | Suspicious Person  | K Street              | 7/15/15 | 5:07pm  | Unfounded           |

## **SBVC**

| Case # | Reported | Criminal Offense/<br>Calls for Service                        | Location              | Date(s) | Time(s) | Disposition         |
|--------|----------|---|-----------------------|---------|---------|---------------------|
| 15-242 | 7/15/15  | Vandalism   | Physical Science      | 7/15/15 | 5:15pm  | Report Taken        |
| 15-244 | 7/15/15  | Traffic Stop / Broken Tail Light                              | Mt. Vernon Ave.       | 7/15/15 | 5:27pm  | Citation Issued     |
| 15-245 | 7/15/15  | Traffic Stop / Proof of Insurance                             | Mt. Vernon Ave.       | 7/15/15 | 7:41pm  | Citaiton Issued     |
|        | 7/16/15  | Suspicious Vehicle  | Parking Lot #3        | 7/16/15 | 9:09am  | Unfounded           |
|        | 7/16/15  | Suspicous Person  | Liberal Arts          | 7/16/15 | 10:38am | Trespassing Advisal |
|        | 7/16/15  | Pedestrian Check  | College Dr.           | 7/16/15 | 11:13am | Trespassing Advisal |
| 15-246 | 7/16/15  | Vehicle Check / Expired Registration over 6 Months            | Parking Lot #8        | 7/16/15 | 4:59pm  | Vehicle Impounded   |
| 15-243 | 7/16/15  | Vehicle Check / Expired Registration                          | Parking Lot #1        | 7/16/15 | 5:43pm  | Citation Issued     |
| 15-247 | 7/16/15  | Traffic Stop / Broken Tail Light                              | Mt. Vernon Ave.       | 7/16/15 | 8:07pm  | Citation Issued     |
| 15-248 | 7/16/15  | Traffic Stop / Obey Traffic Signs                             | Grant Ave.            | 7/16/15 | 8:28pm  | Citation Issued     |
| 15-249 | 7/17/15  | Traffic Stop / Broken Tail Light / Proof of Insurance         | Mt. Vernon Ave.       | 7/17/15 | 8:59pm  | Citation Issued     |
| 15-250 | 7/17/15  | Traffic Stop / Proof of Insurance / Stop<br>Sign Violation    | Off Campus Tippecanoe | 7/17/15 | 10:45pm | Citation Issued     |
|        | 7/18/15  | Traffic Collision   | Off Campus I-10 WB    | 7/18/15 | 4:36pm  | CHP Handled         |
|        | 7/18/15  | Traffic Collision   | Off Campus Tippecanoe | 7/18/15 | 6:09pm  | SBPD Handled        |
|        | 7/19/15  | No Incidents to Report  |                       | 7/19/15 |         |                     |
|        | 7/20/15  | No Incidents to Report  |                       | 7/20/15 |         |                     |
| 15-252 | 7/21/15  | Petty Theft   | Station               | 7/21/15 | 12:30pm | Report Taken        |
|        | 7/21/15  | Traffic Stop / Stopping Requirements                          | Off Campus            | 7/21/15 | 5:19pm  | Citation Issued     |
| 15-253 | 7/21/15  | Traffic Stop / Stopping Requirements                          | Mt. Vernon Ave.       | 7/21/15 | 5:23pm  | Citation Issued     |
|        | 7/21/15  | Traffic Stop / No Evidence Of Insurance                       | Off Campus            | 7/21/15 | 5:46pm  | Citation Issued     |
| 15-254 | 7/21/15  | Traffic Stop / Broken Tail Light /No<br>Evidence of Insurance | Off Campus            | 7/21/15 | 5:53pm  | Citation Issued     |
| 15-255 | 7/21/15  | Traffic Stop / Broken Tail Light /No<br>Evidence of Insurance | Off Campus            | 7/21/15 | 6:29pm  | Citation Issued     |
| 15-256 | 7/21/15  | Traffic Stop / No Evidence Of Insurance                       | Off Campus            | 7/21/15 | 6:32pm  | Citation Issued     |
| 15-257 | 7/21/15  | Pedestrian Check / Possession of<br>Methamphetamine           | Eureka St.            | 7/21/15 | 9:50pm  | Subject Arrested    |